

## Risks for Overdose

- Mixing opioids with other drugs or alcohol
- Variation in strength and content of "street drugs"
- Tolerance changes (coming out of jail or treatment)
- Using alone
- Physical Health (liver functioning, weight loss)
- New dealer/new product
- Switching from sniffing to injection

### What is an Opioid Overdose?

- Rarely instantaneous
- Can happen 1-3 hours after use
- Body ingests more than it can handle
- Oxygen can't get to the brain
- Heart stops
- Unconscious, Coma, Death

## LEARN MORE ABOUT

### PREVENTING OVERDOSE:

Visit [www.getnaloxonew.org](http://www.getnaloxonew.org) for available training

Visit <http://www.ddap.pa.gov> and click on the red tab

**REVERSE OVERDOSE** to access the Friends and Family Guidance Toolkit, learn more about ACT 139 and The Good Samaritan Provision

Contact your local Single County Authority, Carbon Monroe Pike Drug and Alcohol Commission Functional Treatment Unit at (610) 377-5177

If someone you love  
**OVERDOSED** would  
YOU know what to  
do?

Get the facts that  
could help you save a  
life!



## Signs/Symptoms of Overdose

- Lips/fingertips turn blue
- Body is limp
- Face is pale
- Pulse is slow, erratic, not there
- Throwing up
- Passing out
- Choking/gurgling /snoring sounds
- Breathing is slow, irregular, or stopped
- Awake, but unable to respond

## WHAT TO DO?

- Don't leave them alone
- Try to wake them up by shaking them or calling their name
- Call 911
- Can you hear them breathing? Look, listen, and feel for signs of breathing
- Do rescue breathing
- Administer naloxone as directed

## What is Naloxone?

Also known as Narcan, it is a safe, effective medication that can save a life by stopping an opioid overdose. Paramedics and First Responders may carry naloxone. If you use opioids you can get Naloxone from a doctor to have available in case of an overdose by obtaining a prescription. Family members can also obtain a prescription.

Naloxone is available as a nasal spray or as an injection

## WHO CAN OVERDOSE?

Anyone who uses drugs or medications can overdose. Opioid overdose can cause death because you can stop breathing.

## WHAT ARE OPIOIDS?

Vicodin, Codeine, OxyContin, Percocet, Methadone, Opana, and Fentanyl. Heroin is also an opioid.

## Do you need Treatment?

Call Carbon Monroe Pike Drug and Alcohol Referral Center at 1-866-824-3578